Welcome to... Johnson House





"When I came here I found real care and concern, it's like being one of a family."- F.M. resident

Abbeyfield (Whitehaven) Society Ltd Johnson House, Hillcrest Avenue, Whitehaven, Cumbria CA28 6SU Tel: 01946 61877 Email: jhabbeyfield@gmail.com www.abbeyfield.com/whitehaven

What can Johnson House offer?

- No cooking, bills or repairs to worry about.
- A balance of privacy, support and security.
- Freedom to come and go as you please.
- Lifts available to second floor.
- All apartments are equipped with emergency Telecare call alarms
- No strict rules other that those of common courtesy.
- Communal lounge, dining room and attractive gardens available for residents to enjoy.
- Regular visits from Hairdresser, Beautician & Clergy, Doctors and District Nurse can be arranged.
- The freedom to furnish and decorate your apartment to your own taste.

A warm and homely atmosphere has been created by staff and local colunteers who are linked to Johnson House.

You may struggle to prepare meals, clean, or perhaps feel that you have better things to do with your time. Two home-cooked meals are provided daily and served in the communal dining room.

Together as a team, we believe that:

Older people have an important role to play amongst their family, friends and the community.

Overcoming loneliness and insecurity can make all the difference to an older persons well-being and quality of life. Local people have an essential role to play in the local community.

All of these services are available at an affordable cost!



Want to learn more?

Who is Abbeyfield for?

Anyone aged 55 years or over, is sufficiently mobile and who would enjoy living independently in an apartment, located in a house with a group of other like minded residents. Abbeyfield is open to all; preference is usually given to applicants in greatest need; there is no upper age limit.

What are the charges?

Abbeyfield charges are inclusive of food, rent and all utility bills with the exception of your telephone. Details of charges are available on request.

Will you need to ask me about my financial circumstances?

Abbeyfield Whitehaven will need to ask you how you will meet the house charges and will request that you sign an agreement to pay. Help in claiming assistance with charges will be given if appropriate. All personal information is always treated in the strictest confidence and in accordance with the Data Protection Act.

When I open the front door, I have it all: good friends to share a meal with, a room to call my own and the wonderful feeling that this, at last, is home. - J.B Resident

What about a telephone and television?

A telephone point and TV sockets are available in each room, however, you will need to pay for line rental, to use the Telecare service, which is provided.

I currently receive personal care from a private carer or Social Services; can this continue?

Yes, provided you can live without immediate support and have no personal 'safety' issues. If your requirements change at any time, and your care package has to be enhanced, advice about local care services is available.





Whitehaven

Georgian Whitehaven is one of the 40 gem towns in England that has a quaint charm with buildings of character and a welcoming community. It embraces a superb marina, has a good selection of shops, cafes banks and restaurants. The Civic Centre houses a theatre with, frequent, entertainment and a library. Rosehill Theatre is nearby, which is one of the UK's most intimate theatres, offering a diverse range of arts and entertainment. There is a bus stop at Johnson House, with a regular service into town.

Western Lake District

We are very close to the western Lake District with, tranquil lakes and rugged mountains which is overflowing with natural beauty. Wastwater, Ennerdale, Buttermere and Crummock Water are close by, just waiting to be explored. The area has a rich story to tell with Iron Age forts and tales of smuggling, spices and a rich maritime heritage. Close by is St Bees which is the start of the famous Wainwright 'Coast to Coast' walk and starting from our harbour is the celebrated C2C cycle challenge .

Why not pay Johnson House a visit and see for yourself? You would be made very welcome. Please telephone for an appointment.

For further details Telephone: 01946 61877

Abbeyfield (Whitehaven) Society Ltd Johnson House, Hillcrest Avenue, Whitehaven, Cumbria CA28 6SU Registered Charity 230050 | Registered Charity No. 00766744

