

# Esk Moors Lodge

Sheltered Housing in Whitby





## Welcome to Esk Moors Lodge

Tucked away and surrounded by breathtaking views of the countryside, our house is situated in the heart of the Yorkshire Moors.

At Esk Moors Lodge we offer a home from home experience and our staff are crucial to creating this homely, friendly and welcoming environment. We

benefit from an on-site carer who is available 24-hours a day, for support and emergency response should you need it.

Delicious, daily home-cooked meals and communal area housekeeping are organised and your heating bills are included in the cost, leaving you free to enjoy your time.





## Happiness starts with you

We believe in enjoying later life and will always offer you the opportunity to get involved in activities and entertainment – which is a big part of life in our houses.

Esk Moors Lodge is home to both the Heather Hopper – a local community bus which offers daily outings and shopping trips – and the Bradbury Centre, which doubles up as a day centre for activities for the local community, meaning there is always something for you to take part in should you wish.

**“I am very happy to be here in a comfortable house with a lovely garden and surroundings.”**



## Abbeyfield features

At Esk Moors Lodge there are 14 good sized self contained flats, complete with a kitchen area and bathroom. We have a lift which provides easy access to all 3 floors of the building.

With a beautiful garden summer house, hairdressing facilities and a large screen for watching movies on, there is always something to do with your fellow residents. We have a busy events schedule throughout the year with themed lunches once a month, big birthday celebrations and plenty of arts and crafts activities to enjoy.

We have a care team onsite 24 hours a day, providing daily and emergency background support if needed.

## Your retirement

When you live with us, you are part of our community and the wider local community too.

Our professional staff team are supported by a number of committed volunteers. Some just want to spend time with you and pop in for a cup of tea and a chat, whereas others get involved in the day-to-day life of our community.



## Your safety and quality assurance

You can't enjoy peace of mind without trust.

This is why Esk Moors Lodge is registered and regulated by Homes England.

But our quality control doesn't end there – the opinions of our residents matter too. We have regular resident and family meetings, so we can get feedback on how we can improve our service at Esk Moors Lodge Bradbury Centre.

**“These aspects of life at Esk Moors Lodge sets us apart from other providers.”**



## The Abbeyfield Promise:

### Time to enjoy life

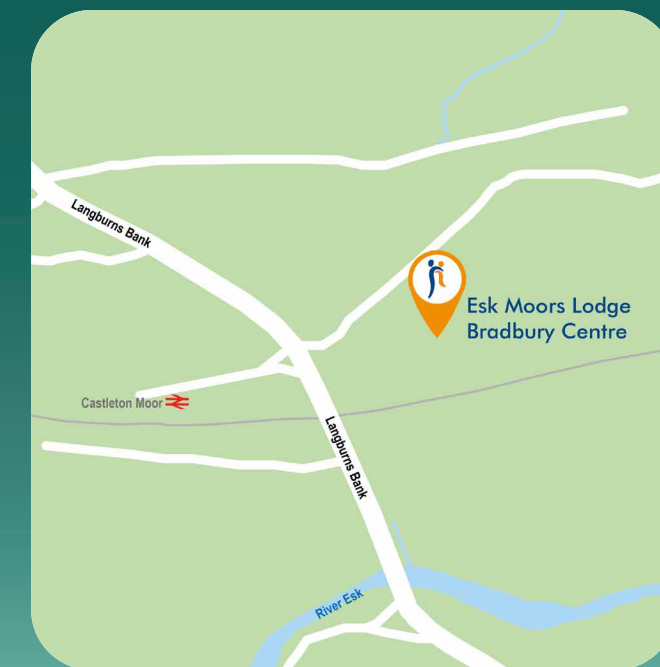
Making time for you is at the heart of everything we do.

Our promise means that your time is well spent on the things that matter; lasting friendships, understanding your individual needs and making every day fulfilling - so that you feel valued, content, cared for and safe.

## Your community

Esk Moors Lodge Bradbury Centre is located in the beautiful village of Castleton, on the River Esk.

Essential amenities are just a short distance away, including a shop, café and post office. Bus stops and Castleton Moor train station are within walking distance of the house, should you want to explore further.







# Please do get in touch

Whether you're considering Esk Moors Lodge for yourself or a family member, whether you've just started exploring options or are ready to take the next step, we are here to talk.

Call us on **01287 669446**

Email us at **[Whitby.Eskmoores@abbeyfield.com](mailto:Whitby.Eskmoores@abbeyfield.com)**

## **Esk Moors Lodge**

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**[www.abbeyfieldliving.org.uk](http://www.abbeyfieldliving.org.uk)**

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