



Tavistock Society
Making time for older people



Drake Lodge

Sheltered Housing in Tavistock



Welcome to Drake Lodge

We are based in the bustling Stannary Town of Tavistock, on the edge of Dartmoor.

Drake Lodge is an up-to-date house, with 17 ensuite rooms and one flat. We enjoy a great location, opposite the park, bowling green and tennis courts. A short, level walk takes you into the town and we are close to public transport and Doctors' surgeries.

We offer independent living in a supported environment which provides our residents with the privacy of their own affordable, high-quality accommodation combined with the companionship of other residents.

We aim to maintain a warm and friendly home atmosphere and our staff are on site each day between 8.30am and 6.30pm.



The Abbeyfield Society

The Abbeyfield Society, a registered charity, was founded in 1956 by Richard Carr-Gomm who saw the need to provide residential help for the elderly seeking company with the emphasis on independence.

Houses are self-supporting, and any profits are used for the benefit of the residents. Our monthly fee is inclusive of all utilities, as well as home cooked meals, meaning that our residents don't have the hassle of lots of bills each month.

"I am very happy to be here in a comfortable house with a lovely garden and surroundings."



Abbeyfield features

Each room has its own ensuite shower room, large wardrobe, and single kitchen unit with worktop. Residents are invited to bring their own furnishings, to make it feel homely. Rooms all have a TV aerial, telephone point, and a 24-hour personal alarm system. All residents are welcome to use the shared laundry facilities and hair salon, as well as our lounge, dining room, communal activities room and accessible gardens and decking area.

We pride ourselves in providing nutritious and tasty, homecooked meals and freshly baked cakes. Breakfast is taken in the resident's own room, with provisions provided. The main meal of the day is served at lunchtime, with a 'lighter 'high tea' each evening. Both meals are taken in our shared dining room.

Our services

We are lucky to have an active Social Committee comprised of volunteers, who organise a range of activities from craft sessions and quizzes, to visiting speakers and therapy dogs as well as games and film afternoons. It is entirely up to our residents to choose whether they participate.



Our team of Trustees, Staff and Volunteers

Our Trustees bring varied expertise to the Society and have overall responsibility for it. Our dedicated in-house team of Management and Housekeeping staff keep Drake Lodge running smoothly for our residents. Our home also benefits from a small team of Volunteers who are on hand to provide a wide range of

social activities and companionship which all our residents are welcome to be involved in. Typical activities include coffee mornings, games, quizzes, tea parties and visits from guest speakers. There are also many activities available in the wider community here in Tavistock.



The Abbeyfield Promise:

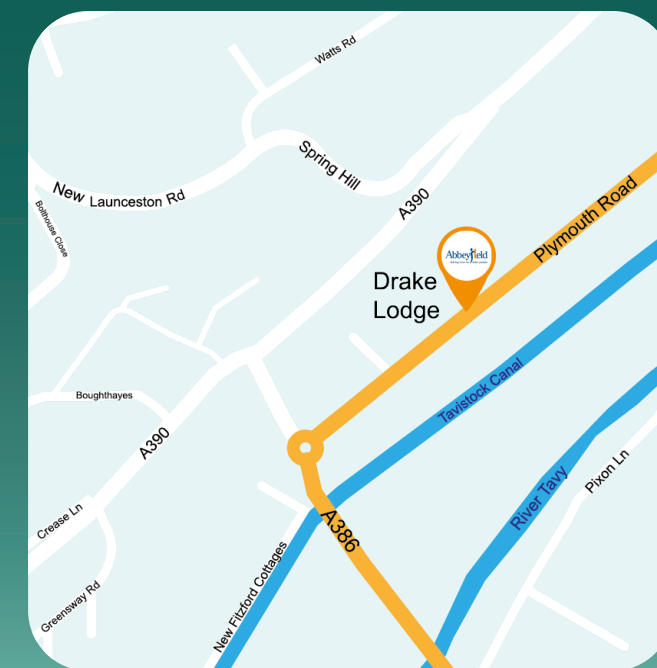
Time to enjoy life

Making time for you is at the heart of everything we do.

Our promise means that your time is well spent on the things that matter; lasting friendships, understanding your individual needs and making every day fulfilling - so that you feel valued, content, cared for and safe.

Your community

We are fortunate to be located in the flourishing ancient stannary town of Tavistock, situated on the edge of Dartmoor and just 12 miles from the ocean in Plymouth - we have the best of both worlds. Food and craft markets are often held in the town centre alongside an abundance of cafes and restaurants to choose from. Opposite the house is a bowling green, tennis courts and swimming pool which residents are welcome to use.





Please do get in touch

We welcome visitors to Drake Lodge, so whether considering it for yourself, or a loved one, please contact Andrea or Anna for a chat and to arrange a visit.

Call us on **01822 614934**

Email us at **housekeeping.abbeyfield@gmail.com**

Drake Lodge

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www.abbeyfield.com

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