

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Breakfast

A selection of breakfast cereals, toast with a selection of preserves, porridge and a selection of fresh fruit

Toasted English Muffin, bacon & poached egg	Smoked Salmon and Scrambled Egg on Toast	<u>Full English:</u> Sausages, Bacon, Scrambled Egg, Hash Browns & Baked Beans	Selection of Warm Croissants & Danish Pastries	Stacked American Pancakes drizzled with Maple Syrup and fresh berries	Soft Boiled Egg, Toasted 'Soldiers' and Bacon	Fresh Sausages, hash browns and Grilled tomato
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Lunch

Pork Steak or Vegetable Lasagne Served with freshly sourced vegetables	Cottage Pie or Salmon with dill sauce Served with freshly sourced vegetables	Roast Lamb Served with freshly sourced vegetables	Liver and bacon or cod with broccoli sauce Served with freshly sourced vegetables	Battered cod or mushroom omelette served with chips, grilled tomato & peas	Chicken Kiev or Haddock and butter Served with freshly sourced vegetables	Roast Turkey with Stuffing Served with freshly sourced vegetables
Plums & Custard or fresh fruit with yoghurt	Fruit Meringue	Apple Crumble and Custard or fresh fruit with yoghurt	Cherry Pie and cream or fresh fruit with yoghurt	Rice pudding and jam	Chocolate Cake with chocolate sauce or fresh fruit with yoghurt	Sherry Trifle

Supper

A Choice of: Soup of the day Cheese & Biscuits Tuna Mayo Salad Jacket Potato with Tuna Sandwiches Fresh Fruit with yoghurt or Ice Cream	A Choice of: Soup of the day Cheese & Biscuits Cheese Salad Jacket Potato with Cheese Sandwiches Fresh Fruit with yoghurt or Ice Cream	A Choice of: Soup of the day Cheese & Biscuits Prawn Marie Salad Jacket Potato with Prawn Marie Sandwiches Fresh Fruit with yoghurt or Ice Cream	A Choice of: Soup of the day Cheese & Biscuits Coleslaw Salad Jacket Potato with Coleslaw Sandwiches Fresh Fruit with yoghurt or Ice Cream	A Choice of: Soup of the day Cheese & Biscuits Chicken Mayo Salad Jacket Potato with Chicken Mayo Sandwiches Fresh Fruit with yoghurt or Ice Cream	A Choice of: Soup of the day Cheese & Biscuits Ham & Cheese Salad Jacket Potato with Ham & Cheese Sandwiches Fresh Fruit with yoghurt or Ice Cream	A Choice of: Soup of the day Cheese & Biscuits Egg Salad Jacket Potato with Chilli Con Carne Sandwiches Fresh Fruit with yoghurt or Ice Cream
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Evening Snacks: A selection of Sandwiches, Cakes and biscuits served with Hot Chocolate, Horlicks, Ovaltine, Tea or Coffee